Cantor: Blessed be the great Mother of God, / Mary most holy. \*

Blessed be her holy and Immaculate *Conception*.

All: Blessed be her glorious Assumption. \*

Blessed be the name of Mary, / virgin and mother.

Blessed be Saint Joseph, \* Cantor:

her most *chaste* **spouse**.

All: Blessed be God \*

in his angels and in his saints.

#### Holy God, We Praise Thy Name

Holy God, we praise thy Name; Lord of all, we bow before thee; All on earth thy scepter 'claim; All in heav'n above adore thee;

Infinite thy vast domain; Everlasting is thy reign.

Hark! The loud celestial hymn Angel choirs above are raising; Cherubim and seraphim,

In unceasing chorus praising.

Fill the heav'ns with sweet accord:

Holy, holy, holy Lord.

#### PRAYER AFTER THE DIVINE OFFICE

Let every creature give unending praise, honor, power and glory throughout all eternity to the Most Holy and Undivided Trinity, the crucified humanity of our Lord Jesus Christ, the chaste Motherhood of Mary, the ever glorious and blessed Virgin, and to the entire assembly of saints, and may we be granted the forgiveness of our sins.

Blessed is the womb of the Blessed Virgin Mary which bore the Son of the Eternal Father And blessed are the breasts which nursed Christ our Lord.

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12



#### PRAYER BEFORE THE DIVINE OFFICE

Open my lips, O Lord, to praise your holy Name. Cleanse my heart of any vain, evil, or distracting thoughts. Give light to my mind and fervor to my will; enable me to recite this Office worthily, attentively, and devoutly, so that my prayer will be heard in the presence of your divine Maiesty. Through Christ our Lord. Amen.

Lord, I offer you this Hour with the divine intention you had while on earth offering praises to God.

## **EXPOSITION AND ADORATION** OF THE MOST BLESSED SACRAMENT

#### O Salutaris Hostia

O salutáris hóstia, Quæ cæli pandis óstium, Bella premunt hostília: Da robur, fer auxílium.

Uni trinóque Dómino Sit sempitérna glória : Qui vitam sine término Nobis donet in pátria. Amen. Thine aid supply, thy strength bestow.

All praise and thanks to thee ascend For evermore, blest One in Three; O grant us life that shall not end In our true native land with thee.

Our foes press on from every side:

O Saving Victim opening wide The gate of heav'n to man below:

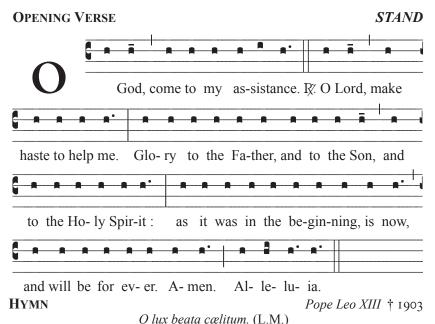
Amen.

A time of silent adoration follows.

# THE HOLY FAMILY OF JESUS, MARY AND JOSEPH. AT SECOND VESPERS

From a sermon by Saint John Chrysostom

The divine Word, while remaining forever immutable, has become a man. What more shall I say of this mystery? Before my eyes are a workman and a crib, an infant and swaddling bands, a virgin in childbirth lacking even the necessities of life — everything in utter deprivation, an abundance only of poverty. See how he who has so much has made himself poor for our sake, possessing neither bed nor cover, but lying like an outcast in a bare manger! Here, poverty is the source of all riches. Here, plenty is concealed in destitution. He lies in a manger, and the foundations of the world are shaken. Wrapped in swaddling clothes, he bursts the bonds of sin.



- C 1. O Jesus, joy of heav'n above, And highest hope of mortal man, The purest love that home can know Surrounded your frail infancy.
- A 2. O Mary, rich in ev'ry grace, Your privilege was quite unique: To feed your Son and infant God, And softly kiss his tiny cheek.
- C 3. Most favored patriarch of all, The Virgin Mother's strength and stay, The chosen guardian of your Lord, Who called you father day by day.
- A 4. All three from Jesse's noble stem, And born to do salvation's work, Pay heed to all the earnest prayers We trustfully pour out to you.
- C 5. As your home flourished with the grace Of ev'ry virtue's fairest flow'r, In love and peace may all our homes Reflect a little of your own.
- A 6. O Jesus, Virgin-born, we raise Our hearts to you in joyful praise, Whom with the Father we adore, And Holy Spirit, evermore.

Amen.

BENEDICTION
OF THE MOST BLESSED SACRAMENT

Tantum ergo Sacramentum

Tantum ergo Sacraméntum Venerémur cérnui ; Et antíquum documéntum Novo cedat rítui ; Præstet fides suppleméntum Sénsuum deféctui.

Genitóri, Genitóque Laus et iubilátio, Salus, honor, virtus, quoque Sit et benedíctio : Procedénti ab utróque Compar sit laudátio. Amen.

ÿ. Panem de cælo præstitísti eis (T. P. allelúia).

Ry. Omne delectaméntum in se habéntem (*T. P.* allelúia).

Therefore we, before him bending, This great Sacrament revere; Types and shadows have their ending, For the newer Rite is here; Faith, our outward sense, befriending, Makes the inward vision clear.

Glory let us give and blessing, To the Father and the Son; Honor, might, and praise addressing, While eternal ages run; Ever too his love confessing, Who from Both, with Both, is One.

Amen.

- Y. You have given them bread from heaven (P.T. alleluia).
- Ry. Containing all sweetness within it (P.T. alleluia).

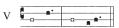
Oratio Oremus.

DEUS, qui nobis sub sacraménto mirábili, passiónis tuæ memóriam reliquísti : \* tribue, quæsumus, ita nos Córporis et Sánguinis tui sacra mystéria venerári ; ut redemptiónis tuæ fructum in nobis iúgiter sentiámus : Qui vivis et regnas in sæcula sæculórum. R. Amen.

Prayer Let us pray.

O God, who in this wonderful Sacrament have left us a memorial of your Passion, \* grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign for ever and ever. R. Amen.

# The Divine Praises



Cantor: Blessed be God. \*

Blessed be his holv Name.

All: Blessed be Jesus Christ, / true God and true man. \*

Blessed be the Name of Jesus.

Cantor: Blessed be his most Sacred Heart. \*

Blessed be his most Precious **Blood**.

All: Blessed be Jesus in the most holy Sacrament of the Altar. \*

Blessed be the Holy Spirit, the Paraclete.

#### INTERCESSIONS

*Celebrant*: Let us adore the Son of the living God / who humbled

himself to become a son of a human family, / and let us

pro**claim**:

All: Lord, / you are the model and Savior of all.

Cantor: Christ, by the mystery of your subjection to Mary and

Joseph,

All: teach all people reverence and obedience to lawful

authority.

Cantor: You loved your parents and were loved by them,

All: establish our families in mutual love and peace.

Cantor: You were eager to be about your Father's **bus**iness,

*All*: may he be honored in ev'ry **home**.

Cantor: Christ, after three days / your anxious parents found you

in your Father's house,

*All*: teach all to seek first the kingdom of **God**.

Cantor: Christ, you have made Mary and Joseph sharers in

heavenly glory,

*All*: admit the dead into the family of *the* **blest**.

Our Father . . .

Celebrant: O God, who were pleased to give us

the shining example of the Holy Family, graciously grant that we may imitate them in practicing the virtues of family life

and in the bonds of charity, and so, in the joy of your house, delight one day in eternal rewards.

Through our Lord Jesus Christ, your Son,

who lives and reigns with you

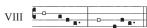
in the unity of the Holy Spirit, one God, \*

for ever and ever.

All: Amen.

Vespers concludes with Benediction of the Most Blessed Sacrament.

SIT



Cantor: After three days, / Jesus was found in the temple, \* seated in the midst of the doctors, / listening to them and asking them questions.

### Psalm 121

Cantor: I rejoiced when I heard them say: "Let us go to God's house."

All: And now our feet are standing \* within your gates, O Jerusalem.

Cantor: Jerusalem is built as a city \* strongly compact.

All: It is there that the *tribes go* **up**, \* the tribes *of the* **Lord**.

Cantor: For Israel's law it is, \* there to praise the Lord's name.

All: There were set the thrones of judgment \* of the house of David.

Cantor: For the peace of Jerusalem **pray**: \* "Peace be to your **homes**!

All: May peace reign in your walls, \* in your palaces, peace!"

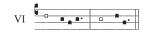
Cantor: For love of my brethren and friends \* I say: "Peace upon you!".

All: For love of the house of the Lord \* I will ask for your good.

Cantor: Glory to the Father, and to the **Son**, \* and to the Holy **Spir**it:

All: as it was in the beginning, is **now**, \* and will be for ever. Amen.

Cantor: After three days, / Jesus was found in the temple, \* seated in the midst of the doctors, / listening to them and asking them questions.



#### ANTIPHON 2

Cantor: Jesus returned with Mary and Joseph to Nazareth; \*

there he lived / and was obedient to them.

#### Psalm 126

Cantor: If the Lord does not build the house, \*

in vain do its builders labor;

All: if the Lord does not watch over the city, \*

in vain does the watchman keep vigil.

Cantor: In vain is your earlier rising, \*

your going later to rest,

All: you who toil for the bread you eat: \*

when he pours gifts on his beloved while *they* slumber.

Cantor: Truly sons are a gift from the **Lord**, \* a blessing, the fruit of the **womb**.

All: Indeed the sons of youth \*

are like arrows in the hand of a warrior.

Cantor: O the happiness of the man \*

who has filled his quiver with these arrows!

All: He will have no cause for shame \*

when he disputes with his foes in the gateways.

Cantor: Glory to the Father, and to the Son, \*

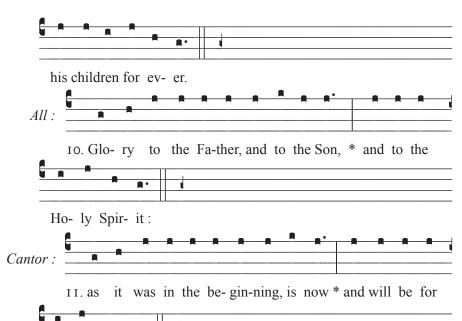
and to the Holy Spirit:

All: as it was in the beginning, is **now**, \*

and will be for ever. Amen.

Cantor: Jesus returned with Mary and Joseph to Nazareth; \*

there he lived / and was obedient to them.



ev- er. A- men. The antiphon is repeated by the Cantor.

Cantor: Son, why have you done so to us?\*
Think what anguish your father and I have endured / looking for you.

But why did you *look for* **me**? \*

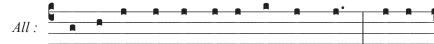
Did you not know that I had to be in my Father's house?



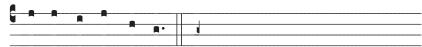
5. He has shown the strength of his arm, \* he has scattered



the proud in their con-ceit.



6. He has cast down the might-y from their thrones, \* and has



lift- ed up the low- ly.



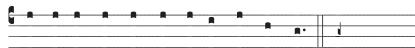
7. He has filled the hun-gry with good things, \* and the rich he



has sent a- way emp- ty.



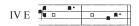
8. He has come to the help of his ser-vant, Is- ra- el \* for



he has re-membered his promise of mer- cy,



9. the prom-ise he made to our fa-thers, \* to A-bra-ham and



# ANTIPHON 3

Cantor: Jesus grew in wisdom with the **years** \* and was pleasing to God and **men**.

Canticle Ephesians 1:3-10

Cantor: Praised be the God and Father \* of our Lord Jesus Christ.

All: who bestowed on us in **Christ** \* every spiritual blessing in *the* **heav**ens.

Cantor: God chose us in him before the world began, \* to be holy and blameless in his sight.

All: He predestined us to be his adopted sons through Jesus **Christ**, \* such was his will *and* **pleas**ure.

Cantor: that all might praise the glorious **fav**or \* he has bestowed on us in his beloved.

All: In him and through his blood, / we have been redeemed, \* and our sins forgiven,

Cantor: so immeasurably **gen**erous \* is God's favor to **us**.

All: God has given us the **wis**dom \* to understand fully *the* **mys**tery,

Cantor: the plan he was **pleased** \* to decree in **Christ**.

All: A plan to be carried out in **Christ**, \* in the fullness *of* **time**,

Cantor: to bring all things into one in him, \* in the heavens and on the earth.

All: Glory to the Father, and to the **Son**, \* and to the Holy **Spir**it:

Cantor: as it was in the beginning, is **now**, \* and will be for ever. Amen.

Cantor: Jesus grew in wisdom with the **years** \* and was pleasing to God and **men**.

#### READING

Philippians 2:6-7

Though he was in the form of God, Christ Jesus did not deem equality with God something to be grasped at. Rather, he emptied himself and took the form of a slave, being born in the likeness of men. He was known to be of human estate.



#### RESPONSORY

Cantor: He had to become like his brothers in ev'ry way, \*

to show the fullness of his mercy.

All: He had to become like his brothers in ev'ry way, \*

to show the fullness of his mercy.

Cantor: He was seen on earth / and lived among men, \*

*All*: to show the fullness of *his* mercy.

Cantor: Glory to the Father, and to the Son, \*

and to the Holy Spirit:

All: He had to become like his brothers in ev'ry way, \*

to show the fullness of his mercy.

#### **CANTICLE OF MARY**

**STAND** 

Cantor: Son, why have you done so to us?\*

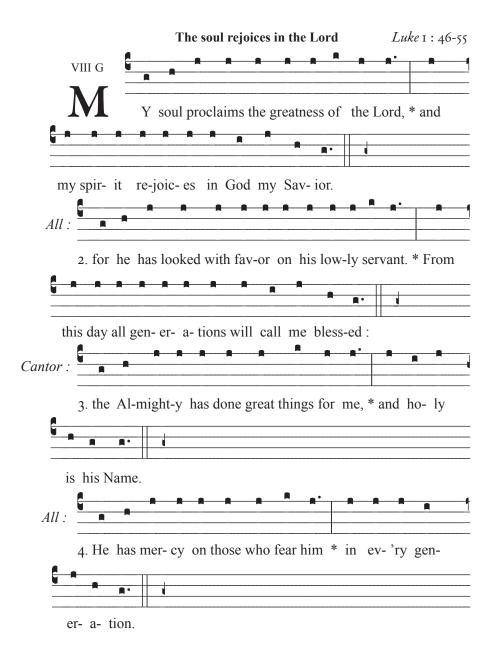
Think what anguish your father and I have endured /

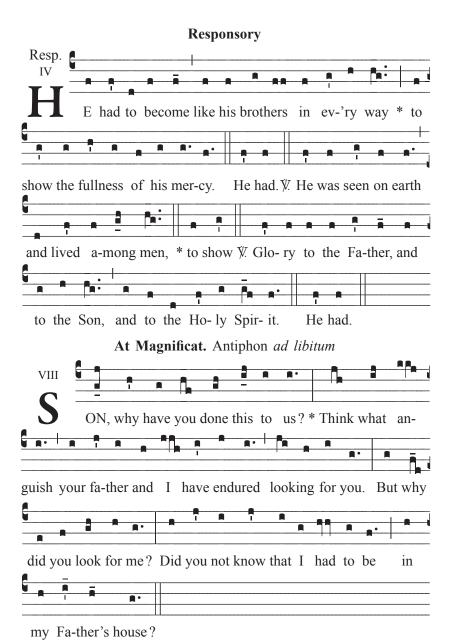
looking for you.

But why did you look for  $\mathbf{me}$ ? \*

Did you not know that I had to be in my Father's house?

The Cantor begins the Canticle, and alternates verses with All.





# THE OFFICE OF SUNDAY VESPERS

# THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

Roman Rite. Psalter: Festal Psalms
Ordinary Form



### CATHEDRAL OF SAINT EUGENE

Diocese of Santa Rosa 2012

#### FROM A HOMILY BY THE VENERABLE BEDE

The fact that at twelve years old he sat in the Temple among the doctors, listening and asking questions, is a sign or rather an outstanding example of the humility that we must learn. The fact that as he sat in the Temple the Lord said: *I must be about my Father's business*, proclaims that his power and glory is co-eternal with that of God his Father. But the fact that he returned to Nazareth and was under the authority of his parents is at once a sign of his true humanity and an example of humility. For it was in his human nature, in which he was less than the Father, that he was subject to human authority.

And his Mother kept all these things, pondering them in her heart. Everything that she knew to have been said or done by the Lord or concerning him the Virgin Mother kept diligently in her heart. She committed it all carefully to memory, so that when the time should come for preaching or writing about the Lord's incarnation she could base her explanations to enquirers upon a complete record of his deeds.

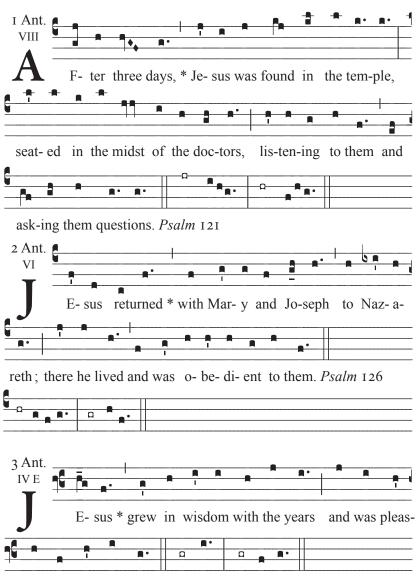
Let us too, my brethren, imitate the faithful Mother of the Lord, and repel the invasion of vain and harmful thoughts by imprinting on our hearts every word and deed of our Lord and Savior and meditating on them day and night. For if we wish in the blessed age to come to dwell in the house of the Lord to praise him for ever, we must anticipate in this age, by our frequent visits to the church, what we seek in the age to come; and this not only singing God's praises in church, but by showing forth in every place where he rules, both in words and in deeds, those things that redound to the praise and glory of our Creator.

It is good that after it has been said that Jesus increased in wisdom and in stature and in favor there is added with God and men. Because as by growing in stature he made accessible to me the gifts of wisdom and grace that were his, so likewise he tirelessly roused them to the praise of God the Father, carrying out himself what he taught others to do: Let your light so shine before men that they may see your good works and give glory to your Father in heaven.



# THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

Antiphons *In Cantu* for cantor, schola or choir



ing to God and men. Canticle, Ephesians 1:1-7

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#### FIRST SUNDAY OF ADVENT AT SECOND VESPERS

Psalter: Week I

Antiphons *In Cantu* for cantor, schola or choir

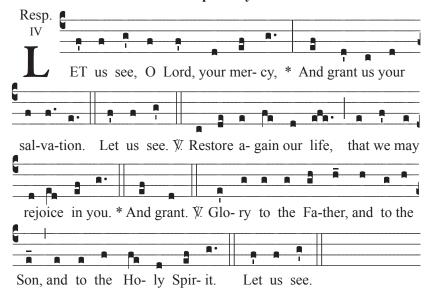


'ry- one the re-ward his deeds deserve. [intonation from antiphon]

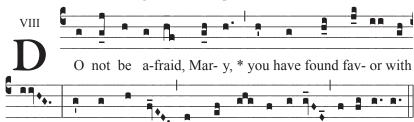
Canticle, Apocalypse 19: 1-7

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#### Responsory



# At Magnificat. Antiphon ad libitum



God; you will con-ceive and give birth to a Son, al-le-lu-ia.

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